

Treasure Island Yacht Club, "JIBE"

November – December, 2014

Volume 49, Number 6

TIYC Organized 1966



Your Getaway in the Central San Francisco Bay

Commodore's Update

Atta Pilram



Here we go again, another fun year at our yacht club. Personally, this has been an incredible year of learning and gaining new experiences for me. It has been my honor and privilege to serve you as your Commodore. It seems our

club has been growing exponentially every year in terms of new events, adapting new ideas and plans to secure our position as the world changes around us. We definitely could not do it without the great team work of our Bridge officers, the Board and participation by members that in my opinion, are the coolest members of any club in the area.

Next year we will have another awesome year with new faces bringing fresh ideas and innovative plans to our club. On that note, I would like to invite you to our general

meeting on November 15th to meet the nominees for 2015. And as an added point, we have arranged for delicious Spanish food that will be prepared exclusively for us.

Thanks,
Atta

Help Wanted:

TIYC is looking for people to help out with the following positions:

- **JIBE Editor / Publisher** – Involves assembling, editing and publishing the TIYC bimonthly newsletter. Input is typically received by email and/or attached files. Should have experience with MS Word or Publisher, Adobe Acrobat.
- **Treasurer** – The treasurer is responsible for all club financial records, preparation of the budget (with input from the officers), invoicing/collection of dues & chits, accounting for club events, paying bills, submitting Federal and State tax reports and making monthly reports to the Bridge & Board. Details of this position and other officers can be found on the Members Only page of the TIYC.org website. Should have experience with QuickBooks (QB) and MS Excel software.

Commodore:

Atta Pilram

Vice Commodore:

Steve Lane

Rear Commodore:

Bill Smith

Staff Commodore:

Russ Breed

Corporate Secretary:

John Harrison

Treasurer:

Fred W. Gibson

Directors:

Jim Aberer,

Connie Van Putten

Malcom Johnston

MeeSun Boice

Appointed Officers

Recording Secretary:

Sharron Harper

Membership:

MeeSun Boice

Office Manager:

Russ Breed

Port Captains:

Don Alden &

Malcolm Johnston

JIBE Editor:

VACANT

Webmaster:

Cior Wills

Safety Officer:

Russ Breed

PICYA Delegates:

Reg & Debrenia Smith

Atta Pilram



Vice Commodore's Message Steve Lane



TIYC friends:

The club had three great events and one more to go as of this report.

We had great fun with the South Beach and Islander 36 club joint sail in with about 70 folks in attendance, followed the next weekend by the Richmond Yacht club with a small intimate group of 50 folks, then on to Fleet week and Pig roast with 80 ish folks. Thanks for all the great help from our members- all our guest mention we are the friendliest club in the bay – keep up the great work TIYC.

Upcoming events at the Club:

The second part of the double header weekend, World Series Game 4 @ 5 PM and Dinner at the club at 6 PM (Pirate type burger, salad, potato salad and garlic bread and desert- \$12 cost) – The Past Commodores will be ready to discuss Yacht Club Protocol for people who want to visit other clubs.

On November 1st we will have our club work day. This will allow us to clean and scrub our club after all the wear and tear of the summer. Let's get there at 9 ish with dirty work clothes and get er done.

November 15 is our Annual Election with Spanish dinner and Change Of Watch – The dinner will be catered and served by iPaella's staff.

December 6 brings us to our annual club decorating party and gift exchange. Gift exchange will have a low limit and of course – the gift may be “stolen” by fellow members in the spirit of the holidays.

And finally we need to see the interest in a New Year's Eve Party.

All for now

Respectfully,

Vice Commodore – Steve



Richmond Yacht Club





Rear Commodore's Report Bill Smith



Cruise Report:

September's cruise-out to the San Joaquin Delta was great fun. We stopped at Sportsmans Yacht Club in Antioch for tacos, Outrigger Marina in 3-Mile Slough for pub grub and karaoke, and Tiki Lagoon off the deep water channel near Stockton for a few days of fun on the water, and a quick trip to Windmill Cove to see a country band.



Future Activities:

Saturday October 25 – Double Header Weekend – First Part - 10am – Blacktop to the **Rosie the Riveter** Museum. Sandy Aberer Cruise Director. One of the “Rosie Gals” will be speaking; movies, and lunch also planned at **Assemble** (See flyer which was sent by email.)

<http://www.assemblerrestaurant.com/pdf/menu/brunch.pdf>.



Join us at Craneway Pavilion (Richmond) Oct 25th at 10am to meet a true “Rosie.”

Sunday November 12 – 5am – Berkeley: California Dawn sport fishing trip - **Crab & Cod Combo \$125 pp all inclusive**. <http://www.californiadawn.com/about.html> Will Smith Cruise Director. We'll plan something else if nobody wants to feed the fishies. Have an idea for a back-up blacktop cruise? Contact Will Smith

Saturday December 13 – 11am – Blacktop to Sausalito for Brunch at **Le Garage Bistro** http://www.legaragebistrosausalito.com/menus/Brunch_LeGarage.pdf followed by a visit to the **Bay Model**. Rumor has it that Le Garage can be slammed for brunch, and if that happens, we'll head over to **Saylor's** – within walking distance.



A Note from the Chair of Membership Committee:



MeeSun Boice

At the last Board meeting **Vincent Plichta & Cindy Carpenter** were elected as TIYC's FIRST Associate Members. They are sponsored by Fred W. Gibson & Steve Lane

We also have a pending Regular Member application from **Bill Ries & Lynne Gvozdencovic**. Their boat "**Chillax**" is a 27' Sea Ray Express which they keep in the Napa Valley Marina. Bill and Lynne are sponsored by Lynette Breed & MeeSun Boice. They should be members by the Annual Meeting.

Treasurer's Report



Fred W Gibson

With some people stepping up to help, I have agreed to continue to fill the gap while the club works to find a new Treasurer. I just wanted to state again who has volunteered to be on the Finance Committee:

Fred W Gibson – Chair

Russ Breed – Square focus / Advisor

Sharron Harper – Administrative assistant for Office Deposits / QuickBooks® entries

Lynette Breed – Administrative assistant for Dues / Invoices / QuickBooks® entries

Connie VanPutten – Bar / Ships Store purchases

The club has recently moved from using the desktop version of QuickBooks® (Intuit) to their cloud version thus allowing our Finance Committee to work remotely on entries and the Audit Committee will be able to review the books more easily when that process starts.

Also, TIYC is starting to use SQUARE® and we are now accepting credit cards (only at TIYC during scheduled events) for dues, purchases of dinners, bar and Ships Store. (We only accept credit cards when we can swipe them for the transaction. This is because we have to pay a higher transaction fee when the card number is manually entered.)

We can also accept direct deposits for dues. Contact the Treasurer or Office Manager if you would like to pay your dues in this manner. We will provide you with the bank routing and account number to use.

Please send payments for TIYC chits or invoices to the club mail box,

Treasure Island Yacht Club
66 Clipper Cove Way, Treasure Island,
San Francisco, CA 94130-1701

(not to Fred's home address).

Do you know your Knots?

Can you name these knots?



Knot #1



Knot #2

ANNUAL MEETING & CHANGE OF WATCH

Saturday, November 15, 2014

5 p.m. Election, 6 p.m. Dinner, 7 p.m. Installation

Menu: Spanish hors d'oeuvres, Paella and Spanish desserts plus the base for sangria

COST: \$20.00 per person with reservation, \$25.00 at door

At the October 13, 2014 Bridge and Board meeting, in accordance with By Law, Article VI, Section I, B, the B&B voted to increase the number of Directors from four to five.

The slate of officers proposed by the Nomination Committee is on the last page.

~~For Sale~~ **SOLD**

Catalina 30 ready to sail, with many extras.
Contact Don Mibach - 415-753-0234



“FINAL CALL”



A Word About Safety

Russ Breed

(From BoatUS with Permission)



Photo Caption: Dressed warmly and ready for any foul weather, these paddlers are prepared for a safe day on the water

For Paddlers, It's High Season for Safety

ANNAPOLIS, Md., October 6, 2014 – It may be sunny outside with blue skies above, but waters are deceptively cold and unforgiving in the fall. For paddlers with just a few inches of freeboard to spare, getting wet this time of year can have serious consequences, so the BoatUS Foundation for **Boating Safety** and Clean Water has these seven tips for fall paddlecraft safety.

Know how to re-board: All paddlecraft are different, so before you hit a lonely, remote stretch of river or bay, learn (in a safe place) how to get back in the boat quickly and efficiently as hypothermia is a threat that increases by the minute. Some paddlers add extra floatation inside the boat as it can help reboarding. (Tip: this can be accomplished simply by inflating a beach ball or purchasing aftermarket float bags). If you do ever fall out and can't get back in, stay with the kayak or canoe – it's a bigger target for rescuers to see.

Don't keep it a secret: Tell people where you're going by filing a float plan. It could be as simple as telling your spouse, in writing, where you are going and what time you plan to return. Writing it down makes it become habit. Be as specific as you can – this isn't the time to forget to mention you're heading to your hidden fishing hole two miles off the beaten channel.

Understand the basic rules of navigation: You may not be out there with icebreakers just yet, but there may still be some recreational boating traffic and potential ship traffic. The simple challenge is the smallest boats are hardest to see. One simple tip to help visibility is to spray the tips of your paddles a bright color. Paddlers also can help themselves by understanding some basic **rules of navigation**.

Don't leave without a bailer: With low freeboard -- or the distance from the water to the gunwale -- paddlecraft are prone to getting water aboard. Once it starts, it's only a matter of time before your canoe or kayak becomes ever lower to oncoming waves. Keep water out and buoyancy up by having a bailer ready (Tip: tie one to each seat).

Thermal up or down: Neoprene gloves, a drysuit or wetsuit tops and hats are the ultimate protection in retaining body heat this time of year. However, have outdoor gear that offers versatility by being able to cool down or warm up when appropriate. Even if it may feel like summer, never leave shore in just a t-shirt and shorts. It only takes just a short change of weather or a dunking to drench you and the hypothermia clock starts ticking. A bright colored rain parka can also be seen at great distances.

Going remote? Go Personal Locator Beacon (PLB): Advances in GPS technology have brought down the cost of personal locator beacons, but if your budget is tight you can still rent a PLB from the BoatUS Foundation for \$45 weekly, plus shipping. There are no additional subscriber fees and paddlers going to remote locations can order online at BoatUS.org/epirb or call 888-663-7472 (Tip: mention code "DISC10" for a 10% discount on the weekly PLB rental rate through December 1, 2014).

Keep it secure up top: If you need to get your favorite kayak or stand-up paddleboard to the lake on your car or truck's roof this fall, go to BoatUS.com/addingpaddlecraft for a quick read on the three basic types of roof rack systems and ways to safely tie down the load. Your kayak has no desire to meet the road or become a hazard for oncoming vehicles.

Please identify conflicts and forward any exchanges with other members to your Watch Captain

WATCH LIST 2014

Duty Hours: 12:00 PM - 5:00 PM

Revision 9 10/19/2014

Date	Watch Captain	Officer Of The Day	Activity
04-Oct-14	Sharron Harper	Goswick, Bill & Karen Russ Breed	Richmond YC Cruise-In
11-Oct-14	415-710-5353	Graham, Mary	Fleet Week – Pig Roast
18-Oct-14	"	Harper, Sharron	
25-Oct-14	"	Harrison, John	World Series & Dinner: Yacht Club Protocols
01-Nov-14	Steve Lane	Harte, Christy	Work Party
08-Nov-14	925-984-0341	Himes, Barb & Randy	
15-Nov-14	"	Holden, Rich & Mary	Annual Meeting
22-Nov-14	"	Johnston, Mal & Jan	
29-Nov-14	"	Lane, Steve & Carol	
06-Dec-14	Bill Smith	Lugert, Jerry	Holiday Club Decoration
13-Dec-14	510-589-7410	McBride, John & Erica	
20-Dec-14	"	Mibach, Don & Cathy	
27-Dec-14	"	Navarro, Mia	

Coming Events

Date	Event
Oct 18	PICYA Management Conf (@ Richmond YC)
Oct 25	Rosie the Riveter Blacktop Cruise-out (Sandra Aberer) World Series Game 4 at the club 5 PM & Dinner 6 PM - Yacht Club Protocols
Nov 1	Fall Work Party
Nov 10	Bridge & Board Meeting 7:00pm
Nov 15	Annual Meeting & Change Of Watch (COW) 5:00pm
Nov 16	Sport Fishing Trip - Berkeley: California Dawn – depart 5:00 AM (Will Smith)
Dec 6	Holiday Club Decorating Party
Dec 13	Bay Model Blacktop Cruise-out
Dec 15	Bridge & Board Meeting 7:00pm
Dec 31	New Year's Eve Party
Jan 1	Around the Islands Cruise



Do you know your Knots?

And the answers are!



Round Turn & 2 Half Hitches



Cleat Hitch

From the Ship's Store rack

Time to Buy Gifts for the Holidays – Visit the Ship's Store

Here is a sample of what we offer – Check with Connie for Sizes or to place a special order

ORDER NUMBER	ITEM DESCRIPTION	MEN'S / WOMEN'S	COLOR	PRICE
L304	Jacket/Zip off Hood	Women's	Blu/Blk	\$55
L354	Jacket/Fleece Lining	Women's	Royal	\$55
L431	Polo Shirt/V Neck	Women's	White	\$32
L5001s	Silk Touch L/S Polo	Women's	White Navy	\$25
L226	Fleece Vest	Women's	Navy	\$35
I304	Jacket with Hood	Men's	Blu/Blk	\$55
K431	Polo Shirt	Men's	White Navy	\$32
4999M	Sweatshirt/Zip/Hood	Unisex	White Navy	\$40
F219	Fleece Vest	Men's	Navy	\$35
F226	Light Weight Vest	Men's	Navy	\$30
CP20	Ball Cap		Navy White Gold	\$20
CP83	Soft Ball Cap		Khaki/Blu Khaki/Grn Khaki/Gry Khaki/Mar	\$20
	Out Back Hat		Canvas/Navy	\$20
	Tote Bag		Canvas/Navy	\$20
	Fleece Blanket		Navy	\$20
	TIYC Mini Flash Lights		Blue	\$3
	TIYC Jacket Patches		Blue/Gold Gold/Blue	\$8

Recipe Of The Month

Whole Wheat Pumpkin Pancakes

Alice Pilram

Number of Servings: 20

Ingredients

2 cups whole wheat pastry flour
4 tsp baking powder
1 tsp baking soda
.5 tsp ground nutmeg
.5 tsp ground ginger
.25 cup brown sugar
1 egg yolk
2 cups skim milk
1 cup canned pumpkin
3 Tbsp apple butter
3 egg whites

Directions

1. In a large bowl, whisk together the flour, baking powder, baking soda, and spices.
2. In a separate bowl, mix together the egg yolk, pumpkin, brown sugar, and apple butter. Stir in milk until well-blended.
3. All at once, add milk mixture to dry ingredients and stir just until combined.
4. In a medium bowl, beat egg whites until light and fluffy (you can use a fork, whisk, or electric beater for this). Fold egg whites into batter.
5. Ladle batter by 1/4 cup amounts onto a preheated nonstick griddle lightly sprayed with cooking spray, Cook until evenly browned on both sides.

THE "BUCKET LIST"

Memories of our trip to the Galapagos:

Here is our account of sailing from Panama to the Galapagos. It will be sent in two installments -Part I on the trip to Cocos Island is a contribution to this issue of the JIBE. Part II on the Galapagos Islands will be submitted for the next edition. Jan Johnston

Part I: Panama to Cocos Island

Several years ago, we met up with sailing friends in Panama City to help crew their 54 ft. Irwin cruising yacht on its first leg across the Pacific. Our destination was the Galapagos via Cocos Island. Close to midnight on May 31st found us driving past the modern skyscrapers of Panama City (made prosperous by international entrepreneurs engaged in the shipping business) looking for the Balboa Marina, where we were to meet our yacht and its owner family-crew. The toll road from the airport was deserted but a wrong exit landed us in the creepy center of the old city, where the remnants of one of the many civil uprisings smoldered. Amongst its wretched poverty-ridden tenements, a few shady, disgruntled protestors were prowling the narrow streets. We quickly locked all doors of our rented car and tailgated a bus out to the entrance of the Panama Canal where we lucked out and found a scattered collection of boats moored in front of the "yacht club", a tin-roofed awning with a bar, ramshackled by a recent hurricane.

Morning dawned hot and muggy, as might be expected, in this lush, wide tropical green and blue estuary, relieved by intermittent dark clouds, thunderstorms and lightning. A parade of huge container ships, proceeding east in the morning and west in the afternoon, kept the boat rolling day and night. The next five days we spent trying to fix this and that on our boat. Despite meticulous preparation for the voyage in the San Francisco Bay Area, the trip down the west coast of the Americas had taken its toll. (The freezer and refrigerator were having trouble in the hot, humid climate and needed new thermostats. The generator was using too much oil and needed new seals that were very difficult to procure without numerous calls to the US and the help of a very persistent and creative local mechanic. A detailed inspection of the vessel revealed that the steering quadrant axle was being eaten by its support bracket, depositing its metallic remains under the aft cabin bunk!). We also had to provision the yacht. This involved hiring one of the ubiquitous taxis where its dark Panamanian drivers were quite happy to take the whole crew anywhere in the city, wait around while we shopped at the markets, and carry our goods back, for about five bucks. At the dockside, water taxis (open barrel crafts with gurgling old diesel engines), transported us back and forth to our yacht (for one buck), as we unloaded great quantities of goods and stuffed them away in every nook and cranny of the boat, like desperate squirrels or water rats, expecting a long famine during the boat's venture across the Pacific. We did interrupt our labors, however, to spend one afternoon up at the Miraflores Locks where we looked down from the towers and watched mechanical mules steer great container ships into the narrow channels that formed the twin locks that then emptied quickly and dropped the vessels several hundred feet to the level of the west coast Pacific. There are two sets of locks on each side of the Panama Canal, separated by a large lake at a higher level.

Sunday evening we were at last ready to leave on the first leg of our trip – a four-day sail out into the Pacific, heading for Cocos Island, a tropical national refuge under the guardianship of Costa Rica. There were seven of us on board. We were assigned 2 x 2 hour shifts on watch each day, which was really quite easy going. However, the winds were not cooperative. We quickly found ourselves in a series of “tropical waves” - depressions that passed over us - turning the wind to the south west, so that it was practically right on the nose of the boat, and stirring up the seas into a short, confused chop. We found we had to motor-sail right into it to make decent progress (about 6 knots). The first night was spent dodging numerous ships approaching the Canal that would appear suddenly on the radar, or bear down on us from behind without warning. No sooner free of the shipping channels, we were forced to dodge numerous rain-squalls that would be conjured up from the overhang of dark threatening clouds that encircled us – on 350 degrees of the horizon. And so it went on for the whole four days! Below deck it was barely controlled chaos, especially trying to cook in the galley – as one was literally thrown from one side of the boat to the other. Furthermore it was hot, humid, and stuffy. In the forward cabin berth, we learned to sleep while being alternately levitated and slammed laterally on one or other side of the boat. Desperate attempts to get a breath of fresh air by opening the hatches for just a moment resulted in all the mattresses becoming soaked with salt water during the course of this crossing. Upstairs, was thankfully cool, but wet, as the heavy periodic rain-squalls left water dripping through the canvas. In the midst of all of this, the captain and Malcolm dealt with a series of mechanical problems: the generator water pump broke down, we lost a fan belt on the main engine, the main autopilot went out (Fortunately, there was a back-up one and Malcolm eventually found a way of manufacturing some new brushes for it). Then a scuba dive tank blew itself up (the pressure relief valve mysteriously burst in the middle of the night), the bimini broke away from the boat, and the bolts holding the sail track together began to fall apart. Our fearless and hopelessly optimistic captain never wavered and continued to remind us of our blessings, beginning each remark with “The good news is.....”. Not all of us were convinced and it was at this stage of the cruise that several of us formed the “This Is an Interesting Experience But We Don’t Want to Do It Again” club, and remarks were made like “Thank God, So-and-So is not here, or she would never get on a boat again!” On the fourth day, lamenting the fact that I had found “mildew in my bra”, prompted our captain to declare this was a great title for a new country-western song.

But this too, did pass! And in the late afternoon of Thursday, June 9th, we motor-sailed into the lee of the luscious, green, remote, tropical Cocos Island – entering the very pretty Bay that was the opening scene of the movie “Jurassic Park”. In the beautiful calm that followed, on the following two days, we snorkeled and dove amongst the myriads of tropical fish, lobsters, and other sea creatures – encountering an occasional white tip shark (whereupon our captain practically walked on water to get back into the inflatable) and looked for but did not find the schools of hammerhead sharks. Each day, we went to shore – the first time to hike up to the top of the sheer cliffs of green hanging vegetation to watch the numerous birds circling and nesting. The second day, with the chief park ranger as guide, we hiked inland to one of the many splendid waterfalls featured in films but rarely seen in person, where we swam under it and in the deep pool at its base.

Suffice is to say, negative attributions and dark resolves made during our miserable across-ocean voyage were quite forgotten during our delightful sojourn in this remote tropical paradise and wilderness - fortifying us in preparation for the next stage of ocean-crossing to the Galapagos Islands and whetting our appetites for Tahiti beyond. (To be continued)

The report of the Nomination Committee was received on October 22nd and emailed to the membership. In addition to the three Bridge officers, four Board Director positions are to be filled. Below is the slate of officers for 2015. **Ballots will be mailed to Regular Members, Senior Members, or Life Members who are in good standing** (current with dues and other bills)

(There is only one vote per family for a shared membership)

Proposed officers for 2015

Commodore	Steve Lane	
Vice Commodore	Will Smith	
Rear Commodore	MeeSun Boice	
Corporate Secretary	John Harrison	(appointed)
Treasurer	Fred W. Gibson	(appointed)
Immediate Past Commodore	Atta Pilram	(appointed)

Directors for 2 year Terms (one additional director was authorized by the Bridge & Board in October)

Jim Aberer
Mary Holden
Connie VanPutten

Directors for 1 year Terms

Malcolm Johnston (continuing)
Pete VanPutten (to complete the term vacated by MeeSun)

