

Southern California Yachting Association's

Women's Sailing



22nd Annual Convention

February 5, 2011

Invitation and Registration Form



Hosted by
Bahia Corinthian Yacht Club
Corona del Mar, California

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Welcome!

Saturday, February 5, 2011

Location: Bahia Corinthian Yacht Club
1601 Bayside Drive, Corona del Mar, CA 92625

Can you believe — this is the 22nd Anniversary of this premier event! The Southern California Yachting Association and I welcome you to the Annual Women's Sailing Convention at the beautiful Bahia Corinthian Yacht Club. This year's Convention will, again, bring sailors of different generations and backgrounds together to share their knowledge and skill in the wonderful lifestyle of boating. We encourage you to select workshops that best fit your boating interests and ability. We know you will enjoy these outstanding seminars, with enthusiastic and knowledgeable instructors. You'll have an opportunity to improve your sailing expertise and to network with other women from all over the state and across the country. On behalf of SCYA, I thank you for your participation of this exciting and very special day.



Gail E. Hine

The following information is **vital** for your enjoyment of the Convention. Please read carefully and observe details relevant to you.

▲ **Workshop Selection:** You may select two (2) **LAND-BASED** or one (1) **WATER-BASED** workshop which interests you most in **both the morning and afternoon**, and make a second choice selection as an alternate for planning purposes. See **Schedule and Qualifications Levels on page 6** and **Descriptions of Workshops on page 4-5**.

You must SELECT a **1st CHOICE** group of workshops and provide **alternate 2nd CHOICE** based on your interests. Space is very limited in some workshops, and all registrations are on a first-come, first-served basis. A **Confirmation will be sent via email**. Print it out and bring it to the Registration Desk. Double check your selections so you are not choosing your workshops in the same two time periods. Read the Registration Schedule Matrix Chart **carefully**.

Note: We are offering a 3-ring 1" binder for **your workshop handouts at \$2.00**. If you want one, be sure to include it on your reservation form on page 7. This binder does **NOT** include the workshop handouts from all the workshops offered.

▲ **Fee:** \$170 per person includes workshop sessions, breakfast, lunch, dinner, souvenir gift and workshop handouts from the instructor (if applicable). Late reservations after the January 29th deadline or walk-ins at the door (if available) will pay \$180.

▲ **Registration Form:** Please fill out and sign the Registration Card and Merchandise Order Form on page 7 **CAREFULLY** and mail with your **check payable to SCYA Women's Sailing Convention**. For verbal information, call **Gail at 951-677-8121**. Mail registration & **check payable to SCYA** to:

Gail Hine

23414 Mt. Ashland Ct, Murrieta, CA 92562

▲ **Merchandise:** **YOUR REGISTRATION FORM MUST BE RECEIVED BY JANUARY 21st** if you are ordering merchandise. Otherwise, we can not guarantee to fill your order. Only a small quantity of items available on site. Be sure to specify **SIZE** when ordering. Double check your size order carefully. **Bring CASH for shopping! No credit cards accepted.**

▲ Confirmation:

A **Confirmation will be sent by EMAIL** (email address is requested). Advise if you require a confirmation card by postal service. If you do not receive it by January 25th, please call to confirm your registration. Refunds will be made only to those who cancel before **January 29, 2011**. The Convention usually sells out each year, so register early to avoid disappointment. Space is limited. First come, first served. If sold out, you will be called. A Waiting List will be established.

▲ **What to Wear:** Dress warmly (layers) and **wear soft (white-soled) shoes**. This event will **NOT** be cancelled due to rain. Bring your own rain gear if the weather forecast indicates a need for it. No need to change for dinner; sailing clothes okay!

▲ **Meals:** If you require any special foods, such as vegetarian-type meals, **advise on your registration** (in "COMMENTS" box).

▲ **Parking:** Please car pool to save gas & parking spaces. Complimentary **valet parking** is provided at the club.

▲ **Hotel Accommodations: Ramada Limited & Suites**, 1680 Superior Ave., Costa Mesa. Special Women's Sailing Convention rate is **\$79** for 2 queen beds and **FREE** shuttle from the John Wayne Airport 7:30 AM-10:30 PM. Call **800-345-8025**. Arrangements can be made for a shuttle to/from BCYC; contact Front Desk of hotel. The **Women's Sailing Convention Rate** is valid only through **January 21, 2011**. This hotel is about 5 minutes drive from BCYC.

▲ **Directions to BCYC:** 1601 Bayside Drive • Corona del Mar (Newport Beach), CA • Tel: 949-646-9530

Northbound:

Take the 5 Fwy north and then the 405 Freeway north to Jamboree. Turn left on Jamboree and proceed 5 mi. West. Cross over Pacific Coast Hwy (HWY 1) and proceed down hill to Bayside Drive (1st light). Turn left (south) about 1/2 mile to 1601 Bayside Drive. BCYC is on the right.

Southbound:

Take the 405 Freeway south to Route 73 (San Joaquin Toll Road) to Jamboree. [There is no toll fee involved.] Exit Jamboree, turn right on to Jamboree and proceed west about 5 miles. Cross over Pacific Coast Hwy (HWY 1) and proceed down hill to Bayside Drive (1st light). Turn left (south) about 1/2 mile to 1601 Bayside Drive. BCYC is on the right.



Featured Speaker - Janna Cawrse Esarey

Janna Cawrse Esarey is the author of the Indie-bestselling travel memoir, The Motion of the Ocean: 1 Small Boat, 2 Average Lovers, and a Woman's Search for the Meaning of Wife (Simon & Schuster), the humorous story of a woman who sails across the Pacific with her true love, only to find their relationship on the rocks. Janna writes for sailing magazines and travel anthologies, and was selected as a 2008 Jack Straw Writer. She blogs about work-life-love balance for the Seattle P-I at "Happily Even After."



Our Outstanding Workshop Presenters



Capt. Kathie Ohmer

Teaching is her avocation. She is a former instructor for OCC Sailing Center for 8 yrs., a experienced cruiser with Mediterranean, Atlantic, Caribbean and Florida waters under her keel (15,000+ miles). She's been a charter captain of a 44-ft ketch, a first mate on a 70-ft. Hatteras and many other vessels. She is a member of BCYC. She has been the co-chair of this Convention for the past 15 years, organizing the coaches and donated boats, and was the winner of the SCYA Peggy Slater Award in 2000.



Capt. Patty Cook

Patty has raced and cruised for over 40 years. In the late 70's she and her husband and two young sons crossed the Gulf Stream in a 24-ft sailboat for a month of cruising in the Bahamas. She is a member of the Balboa Yacht Club and the Newport Ocean Sailing Association and a certified USSA Judge and SCYA Principal Race Officer (PRO). She holds a 100-ton USCG Masters License with a commercial rescue assistance-towing addendum.



Capt. Holly Scott

Starting to sail at 5 and at 15 skipping her parent's Cal 36, Holly has mastered the art of sailing. With a 100 ton Master's License, she takes groups on charters all over the world. Locally, she runs charters on her own Cal 40 'Mahalo' to Catalina, the Channel Islands and Mexico, as well as offering sailing and cruising lessons. She recently purchased Charlie's Charts, which publishes six cruising guides from Alaska to Tahiti and beyond. In her spare time, Holly goes sailing!



Capt. Nancy Erley

Nancy lead two circumnavigations of the world aboard her beloved Orca 38' Tethys with all women crew. She holds a 100-ton USCG master license, advanced HAM license, ISPA offshore instructor certification and scuba certification. She teaches women beginning sailing as well as captaining skills to take a small boat across an ocean. She was our featured speaker in 1998. She is the NWSA/ BoatU.S. 2006 Winner of the Leadership in Women's Sailing Award.



Capt. Alison Osinski

Alison has a keelboat instructional business, teaching boat handling skills, safety, navigation, coastal piloting and charting. She does boat deliveries and takes tourists and women's groups on day sails, sunset, fishing, whale watching and Channel Islands cruises. She has cruised the Great Lakes, Hawaii, and Florida Keys areas. She is also involved extensively in aquatics, swimming pool/waterpark design, and aquatic risk management.



Sandy Mills

Sandy will make the new 2009-2012 Racing Rules 101 and Tactics 101 understandable and fun. She is a US SAILING Judge and Principal Race Officer (PRO) for BCYC. She has served on many race committees for regattas, and protest committees, bringing experience of a racing participant on small dinghies to big boats. She won the SCYA Peggy Slater Award in 2008.



Capt. Patsie Ober

Patsie was born and raised in Newport Beach and has been sailing and racing since she was 5. She has held her 100-Ton USCG Captains License for over 30 years. Patsie has navigated her way to the South Pacific before Sat Nav or GPS, using a sextant and good luck to guide her across the pacific and back; delivered vessels from SF to La Paz; sailed in many parts of the world, and teaches sailing. Patsie is happiest 'simply messing about in boats', just like little Ratty and the Mole in The Wind in the Willows.



Terese Ivory

Terese has 39 years of sailboat racing experience including Naples Sabot, CFI, Lido 14, Harbor 20, Ericson 39, Catalina 28, Coronado 25 and B-25 while representing BCYC and UCLA and has garnered numerous awards. She established both the Corinthian Cup and Melanie Patterson Memorial Regattas for BCYC. She is currently serving on the board of directors for the SCWSA. "Wild Thing" has placed 1st, 2nd, 3rd place in the regattas she recently entered, even up in San Francisco.



Capt. Patty Garfield

Patty entered the 2005 Transpac race from Los Angeles to Hawaii. Her first race ever! She and Capt. Diane Murray made history as the first women's doubled handed entry skipping her 47ft Catalina, Charmed Life. She has a USCG 100 ton Masters License and is the owner of Farallone Yacht Sales, Inc, the exclusive dealer for Catalina Yachts in Newport Beach, Northern California and San Diego.



Capt. Carla Thorson

Carla Thorson is a US Sailing Level II Racing Coach in Dinghies, a Cruising Instructor, and a regular competitor in the Adams Cup, Linda Elias Memorial Women's One Design and other national one design regattas. After a decade of active racing and teaching Southern California, including several of our conventions, she has recently moved to the Bay Area.



Vicki Sweet, RN

An emergency nurse and certified herbalist, Vicki is also an avid sailor and racer. She has had several adventures where she has had to put her emergency nursing skills to good use. Vicki currently serves as Vice Commodore of the Women's Ocean Racing Sailing Association. She is also an accomplished public speaker and is a partner in CreativeMinds®, an educational consulting firm featuring professional presentations with a touch of whimsy.



Helene Webb

When Helene Webb, accompanied by her perky little dog, Teddy, isn't visiting her boating neighbors in the beautiful Santa Barbara harbor, she's either racing or teaching others to sail. But when she's docked or on dry land, she is creating art or doing graphic design. Her love of the ocean provides her inspiration to create regatta art, logos for harbor businesses, designs for waterfront parking permit, websites and nautical charts.



Capt. Sandy Viall

Sandy Viall has been a licensed Captain since 1998. Currently she is licensed for vessels up to 100 tons. She has been teaching sailing and power boating for 12+ years and is an instructor trainer for USSAILING. Sandy has been a valued instructor for this Convention for many years.



Robin Stout

Robin grew up in a boating family and lives on "Mermaid," a 51' sailboat. She cruised Mexico and the South Pacific with her husband, kids and dog; filmed a segment for Latitudes and Attitudes TV. Robin became an "Outfitter" for West Marine, then Production Manager for Latitudes & Attitudes Magazine. She is editor of Living Aboard Magazine. Robin is refitting Mermaid for another cruise. Robin is also an avid racer in local, national and international competitions.



Cindy Wynne

Cindy joined Aventura in Dana Point and got a passion for sailing and grew into racing with all women crews and teaching women. Raced Newport Ensenada Race for 16 years; won The Caroline Starr Trophy 3 times; competed in Linda Elias Women's One Design; Regatta Las Marietas Women's One Design in Puerto Vallarta. She chaired DPYC Women's Sailing Program in 2006



Kathy Reed

Sailing since she was 5 years old, Kathy has lots of experience from Sabots to Lidos to major keel boats. Her passion is now racing on her J109 "Little Sister." She is also dedicated to encouraging women to join and excel in sailing. She has skippered the last 3 years in the LEMWOD regatta in Long Beach. She has participated in JFest, coached other women to become their own qualified skippers. We welcome her first time to the Convention instructor-staff.



Jane Hoffner Horst

Jane is seasoned sailor and racer starting as a member of Tufts Univ Varsity Sailing Team skipper, and a 9-time Cal 25 National champion. She has been active in One Design racing-Cal 25, J-Boats, Schock 35, Cat 37, and PHRF in Long Beach and Newport Beach. She and husband, Steve, own Cal 25 "Jane's Addiction." Jane skippered Team Pilihiia (BCYC) in 2010 LEMWOD regatta. She is another new instructor for the Convention.



Capt. Diane Murray

Diane is a Northern California sailor with 46,000 miles, USCG 100 ton Masters License and a certified US Sailing Instructor. Doubled handed with Patty Garfield in the 2005 Transpac race. First time in 100 year history two women have entered and finished the Transpac. She loves to organize women's charters around the world including, Greece, Australia, Windward and Leeward Islands to name a few. She has been an instructor in several women's programs at all levels and skippers her own 40' Ketch in San Francisco Bay.



Capt. Fran Weber

Fran has been sailing since grad school discovering the magic of sailing in 1973 in Mission Bay. She is a past commodore of the Women's Sailing Association of Santa Monica Bay. Her passion is teaching women the basics of sailing. She has been a coach for the Women's Sailing Convention for over 13 years. She brings her boat Lightning and a load of rookie sailors from Marina Del Rey to Newport Beach and return!



Capt. Susie Campbell

Twelve years ago at the age of 40 I decided to pursue a life long dream and learn how to sail. I started out with my 12 year-old son in a small boat sailing class and never stopped learning! After many hours on the sea and several sailing classes under my belt I received a 100 ton captains license and now work for local charter companies. I'm honored to be here today passing on my skills and my love for the sport!



Toni Baiunco

Toni has been around boats on Barnegat Bay, NJ since she was five years old. She and her husband, Joe, own a beautiful Hunter 40 which they have raced and cruised extensively in local waters since moving to Calif. in the 60's. Toni has spearheaded the table decorations for every convention for the past 20 years.



S/C Mary Bacon

Mary Bacon became actively involved in the yachting community in 1989 when she and her husband joined Bahia Corinthian Yacht Club. She served on its Board of Directors for 7 years and was subsequently elected Commodore in 1999. She is 2006 Staff Commodore of Southern California Yachting Association. Mary is President of The Mary Conlin Company, Inc., a vessel documentation service located in Newport Beach. She is also the founding President of American Vessel Documentation Association, Inc. (AVDA).



Monique Vigeant

Monique Vigeant began sailing at 13 on Cape Cod, but started in earnest in 2004 in Southern Cal. Since then, she's attended classes, clinics, conventions and conferences on anything to do with sailing. She is a director of WORSa, crewed 4 Newport to Ensenada regattas, skippered 5 Figawi's, and is a talkship Able Seaman and Quartermaster on the Brig Pilgrim out of Dana Point. Monique recently bought and trucked her mother's 34' O'Day from the Cape to California.



Rhonda Tolar

As a very active member of BCYC, Rhonda has been sailing for about 5 years. She brings much enthusiasm and joy to her sailing experience. She owns a Mumm 50 "Wild Thing" and has placed 1st, 2nd, 3rd place in the regattas she recently entered in 2008, even up in San Francisco.



Jeannea Jordan

Jeannea started sailing 11 yrs. ago and currently owns, cruises and races a Catalina 50. A member of WSA, she is a Skipper in the day-sail/cruise program. She races her boat Checkers in the Sunset Series in MDR and in the WOW/ WAH and the Jennifer Diamond Regattas. She has cruised Catalina and the Channel Islands. "I love being out there, and if I can share the experience with other women who love being on the water, it doesn't get any better than that."



Margie Oldfield

Margie is the office Manager for Windward Sailing Club. Sailor and artist. She was 50 when she took her first sailing course at OCC. She has sailed in the BVIS, Queen Charlotte Islands. Raced in all female crew in Dana Belles Regatta, SSVCS "Crew of Two to Catalina" off shore and local WORSa Regattas.



Morning Session Workshops

Select two (2) land-based or one (1) water-based workshop!

Welcome Aboard

Presented by Monique Vigeant & Vicki Sweet

This introductory workshop provides a wide diversity of basic information for the new or inexperienced sailor. Basic terminology, a knot or two, protocol, safety and much more. Asked to "trim the sails"—you went below for scissors? "Fall off" and you said "no way." Surprise everyone with your new skills. Join Monique and Vicki for a session of fun and become a smarter new sailor or first mate. [11A.1]

Basic Nav 101

Presented by Capt. Alison Osinski

How far? How long? How to get back on course? Navigation is fun. In this double-session workshop, Alison will explain the low tech part of basic nav, charting tools, directions, distance, dead reckoning, confirming position with visual references. A workbook will be provided for after-workshop continuing education. These are life-saving skills. Really good stuff with an excellent instructor! [11A.2]

Nighttime Sailing and Navigation

Presented by Capt. Nancy Erley

Expand the scope of your sailing abilities! This workshop covers night vision, steering by compass, navigation aids and lights on shore, three bearing fixes at night. In addition, we'll cover identifying ships, collision avoidance at night, nighttime deck safety protocols, watch scheduling and crew overboard. [11A.3]

Going Up The Mast

Presented by Capt. Nancy Erley

Techniques for going aloft, including using the bosun's chair with block and tackle rigging at dock side. Learn SAFETY first, terminology, assisting crew protocol, selecting the right deck shoes and sailing gloves. Space is very limited. [11A.4]

Beyond Band-Aids

Presented by Vicki Sweet, RN

Most sailors know that there are many potential serious injuries that can occur on a boat. An experienced emergency nurse takes you beyond band-aids and helps you learn how to manage more serious injuries until help arrives. Included will be recommendations for what to carry in your first aid kit. [11A.5]

NOTE: We reserve the right to change, adjust or cancel both land and water-based workshops, instructors and/or vessels depending on weather and unexpected circumstances.

20 Questions for the New or Prospective Boat Owner

Presented by Capt. Holly Scott

NEW

What should you know before you buy a boat? Or what do you need to know right now about the boat just bought? Where will you keep it, what about a survey, who can you trust for repairs, can you really fix it up yourself, can you sail this thing by yourself... and dozens of other things to think about before you buy a new or used boat. Save yourself some headaches and maybe some hard earned cash. [11A.6]

Outfitting You & Your Boat for Cruising

Presented by Robin Stout

NEW

Hear from actual experience on cruising oceans. Safety first-what's needed for you and your boat whether coastal cruising or blue water ocean crossings. Comfort-what will it take to be comfortable and happy at sea. Food-be surprised at what you don't need to go. Foreign matters-information on charts, time to go, money and more. Weather-know when, where to go depending on weather. [11A.7]

Suddenly Singlehanded

Presented by Capt. Patsy Cook

This **terrific** interactive workshop will use real life boating situations to teach you how to cope with an emergency situation, determining what needs to be done and the order to do it. Here you will evaluate your skills and those of your classmates, decide if you can cope or will need outside assistance, practice using the radio, learn about handling your boat short handed and getting to safe harbor. [11A.8]

Weather Wisdom

Presented by Capt. Patsy Cook

Cruiser, racer or day sailor will all benefit from this workshop. Practical introduction to "marine weather." Recognize, interpret, evaluate and forecast the weather from information sources such as marine radio and weather fax. Taught by a sailor who has years of coastal experience. [11A.9]

Galley Queen

Presented by Toni Baiumco

Going sailing for the day, overnight race, 3-night stay on the backside of Catalina, a week on an anchor in the Channel Islands - She will cover them all! Short cuts in cooking, packing the ice chest, 'do-ahead' list, shopping list, and demo a quick recipe. Handouts, too. [11A.10]

Winch Wizardry

Presented by Capt. Holly Scott

Your winches won't turn. Capt. Holly will show you how to get into the innards of those most valuable of deck hands, grease up the gears and put it back together again. Amaze your significant other with your new skills! [11A.11]

Introduction to Racing

Presented by Sandy Mills

Get into racing - become a better sailor! In this workshop, Sandy tell us about the entry forms, starting signals are, where your boat should be at the start, about protests, how to absolve a foul on the water. Follow this up in the afternoon with a race around the harbor. You must have **Intermediate II level experience to consider this class**. [11A.12]

Basic Rules & Tactics

Presented by Sandy Mills

NEW

After Intro workshop above, get the fundamental rules of racing so you know what you can and can't do and some basic tactics you want on the race course. Get prepared for the afternoon race. [11A.13]

On-the-Water Workshops

All Morning

9:30 AM - 12:20 PM

Anchoring

Presented by experienced instructors

All morning on-the-water workshop. Practice necessary communication skills between helmsman & foredeck, learn about types of ground tackle, where to drop the anchor, Learn how to set it and keep it set. When & how to keep anchor watch, and retrieve the anchor. [11A.14]

Docking Your Sailboat

Presented by experienced instructors

This all-morning class teaches you how to judge your boat's speed, maneuvering in and out of a slip, the correct way to tie up to the dock, and set a spring line. Perennial favorite. [11A.15]

Overboard Procedures

Presented by experienced instructors

Proper methods of overboard recovery will be demonstrated and practiced on a vessel. Our coaches have many miles and instructional experience to make this all-morning workshop a must for every boat owner. [11A.16]



Afternoon Session Workshops

Select two (2) land-based or one (1) water-based workshop!

All the Workshops are presented and coached by qualified and enthusiastic instructors on borrowed vessels. This page describes ONLY PM Workshops; previous page lists AM Workshops. To make sure you make the right choices, read the descriptions carefully. Then make your selection on the Schedule Grid on the Reservation Form.

Managing Mal de Mer and Hypothermia

Presented by Vicki Sweet, RN

We all know what seasickness is. You may not have experienced it but may have guests on your boat that will. Vicki explains how it happens and provides tips on prevention and "cure." More importantly, you will learn how to prevent simple seasickness from becoming a true life-threatening emergency resulting in hypothermia and shock. [11P.1]

Suddenly Singlehanded

Presented by Capt. Patty Cook

This **terrific** interactive workshop will use real life boating situations to teach you how to cope with an emergency situation, determining what needs to be done and the order to do it. Here you will evaluate your skills and those of your classmates, decide if you can cope or will need outside assistance, practice using the radio, learn about handling your boat short handed and getting to safe harbor. [11P.2]



Knot Know-How

Presented by Monique Vigeant

Basic knots, their uses, parts of a line, how to tie the bowline, clove hitch, cleat hitch, belaying and coiling. You'll receive your own piece of line to practice. This is a very fun workshop. [11P.3]

Dabble in Diesels

Presented by Capt. Holly Scott

How to keep that diesel 'happy.' How to check the oil, clean the raw water strainer, trace a fuel line, check the transmission, locate and understand the basic parts of the engine. Holly makes it all look so simple and easy and even FUN! [11P.4]



Capt. Kirk or Capt. Bligh? Effective Captaincy for the 21st Century

Presented by Capt. Nancy Erley

A captain's leadership toolkit. Traditional rules of hierarchy don't apply today so what works instead? Is the boat owner necessarily the best person to be the captain? How do we balance relationships with accomplishing the objectives of the voyage? Using leadership intelligence to manage conflict. In addition to captaining two 5-year circumnavigations, Nancy brings to this presentation insights gained as an adjunct professor for Denver University's Executive MBA leadership development program. [11P.5]

Telling Your Sailing Story

Presented by Robin Stout

Everyone has a story to tell. Whether telling your story to document for family or for the world, learn how to get a story, blog or book published. Some topics covered include - what to write (sailing, cooking aboard, relationships, travel log, traveling with children, etc), mistakes to avoid, how to find and contact magazines, computers aboard, how much money is in writing. [11P.6]

Troubleshooting the Head

Presented by Capt. Holly Scott

Let's stay "ahead" of the game: Learn how to keep your marine head trouble-free. Clogs, odors, hoses, lubricants, Y-valves, chemicals, vent lines, common problems and how to correct them will all be discussed and flushed out! [11P.7]

Sail Trim Basics (Dockside)

Presented by Cindy Wynne

Dockside demonstration of sail trim techniques—fairlead position, halyard tension, sheet trim for genoa shape and speed; how the outhaul, vang, backstay, and traveler affect the main. An important step in understanding how sails work. [11P.8]

Note: We are offering a 3-ring 1" binder to hold handouts at \$2.00. If you want one, include it your reservation form on page 7.

Rigging Spinnakers

Presented by Cindy Wynne

This is a dockside workshop on spinnaker rigging on boats under 32-ft that gybe the pole end-for-end. Learn set up, function and purpose of sheets, after-guys, topping lift, foreguy, and halyards. Packing that chute is an important skill you'll find very valuable, too. **You must have Intermediate II level experience to consider this Workshop.** [11P.9]

On-the-Water Workshops

All Afternoon

1:30 PM - 4:20 PM

Introduction to Sailing

Presented by experienced instructors

In this all-afternoon class, you'll learn the basics of sailing — trim the main, steer the boat, learn how to tack, get the basic principles of wind direction and trim and getting from A to B. Sailing gloves are recommended. Guarantee lots of fun as you begin your sailing experience. For those who have no or very limited sailing experience. [11P.10]

Intermediate Sailing

Presented by experienced instructors

Put the knowledge and explanations gained in the morning session on the dock to the test sailing around Newport Harbor. All points of sail trim will be reinforced. Learn to sail for the wind and desired destination. [11P.11]

Offshore Cruising

Presented by experienced instructors

Workshop will cover safety checks, use of VHF radio, radar, GPS, SSB, EPIRBS, jacklines, rescue drills, reefing, and heaving to. Go beyond the breakwater for an afternoon of 'offshore sailing.' Bring your personal PFD, sailing shoes, and sailing gloves. **Limited class availability. You must have Intermediate II level experience for this class. No novices.** [11P.12]

WSC & Melanie Patterson Memorial Race

Presented by experienced instructors

Take what you learned in the Morning Sessions and put that into action on the water. Our instructors will help you with this afternoon race in either Harbor 20's or Cal 25's. Get a good start, race up the harbor, engage in tacking duels. Trophy awards at dinner. **Tiller experience and Intermediate II level knowledge required to consider this class. No novices.** [11P.13]



More...Important Information

Convention Schedule

Registration and Continental Breakfast.....	8:30–9:30 AM
Workshops - Session 1	9:30–10:50 AM
Workshops - Session 2	11:00–12:20 PM
Lunch	12:20–1:30 PM
Workshops - Session 3	1:30–2:50 PM
Workshops - Session 4	3:00–4:20 PM
Happy Hour	4:30–5:30 PM
Dinner	5:30–7:00 PM
Speaker & Raffle	7:00–8:30 PM

Your Sailing Ability Qualifications

Supplementing our 1 (Novice) - 10 (Expert) rating, we wish to qualify your experience more definitively and accurately.

PLEASE READ THESE DESCRIPTIONS CAREFULLY.

▲ **NOVICE (0-2) [Passenger]** - You haven't been on a sailboat before. Or you have very limited experience. Your knowledge of terminology is rather limited. You've been mostly a passenger on other people's boats.

▲ **INTERMEDIATE I (3-4) [Crew, dependent upon direction]** - You have participated in the operation of sailboat under direction. Little or limited steering/helming experience. Have basic understanding of sailing terminology, but may not know all the terms. Know how and when to use controls for trimming main and jib sails and how to adjust for wind direction and conditions. You have some knowledge of the rules of the road but may need to ask for guidance.

▲ **INTERMEDIATE II (5-6) [Crew leader, doesn't need close supervision]** - Know all of the Intermediate I standards, plus can follow instructions to operate traveller, mainsheet, boom vang, cunningham and outhaul on most boats. Know how to trim the jib, mainsail, limited spinnaker trim and can steer a boat "in the groove." You know the rules of the road and how to apply them in real life situations. Understand the basics of navigation, able to use chart plotters or GPS. Can dock and anchor under normal conditions.

▲ **ADVANCED (7-8) [Skipper experience on inland or near coastal waters]** - Competent in all aspects of Intermediate II. Can comfortably perform any position on a sailboat, including helmsman and foredeck; know how to rig, hoist, trim and douse a spinnaker. Have some racing experience OR substantial cruising miles with active participation in watches, both offshore and coastal. Can safely navigate in new waters, anchor in crowded anchorage. Understand the basics below deck, the head, engine, stove, electrical systems. Can give instruction to crew and perform the daily operations of maintaining a sailboat.

▲ **EXPERT (9-10) [Comfortable being skipper]- Competent in all aspects of Advanced Level.]** Comfortable being in charge of a sailboat, directing crew racing on inland, near coastal or ocean waters. Sail trim is instinctive, competed in a many races and trophied as skipper (or primary crew) a number of times. And/or have extensive cruising experience and overnight travel with night watch responsibility. Can troubleshoot all systems, rigging failure, diesel engine problems; understand marine weather forecasts and plan accordingly; navigate in fog or storms, prepare a yacht for offshore passage.

You'll love our Souvenir Merchandise

TRI-MOUNTAIN HOODED MICROFIBER JACKET

This fabulous-feeling jacket features a shell tailored of wind proof/water resistant all seasons microfiber polyester and is fully lined with nylon and a breathable mesh. It features two front pockets and an inner cell-phone pocket. The contour seams provide a flattering fit, while the hood is helpful when the wind or drizzle comes up. Available in **both Sunflower YELLOW and Racing RED**. We reserve the right to substitute alternate color choice as demand require. Embroidered logo, too! This runs true to women's sizing. You'll love this jacket! Limited quantity of this item. No back orders available.

Women's Sizes Available	PreOrder	On-Site
S, M, L, XL	\$40.00	\$45.00



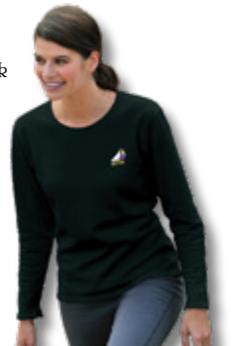
TRI-MOUNTAIN POLO SHIRT

This is a **really good-looking and feeling** 5.5 oz. 100% polyester yarn-dyed polo shirt featuring UltraCool™ moisture-wicking technology that lifts perspiration from skin, providing comfort on the hottest days. Three-color striped body, accented with a fitted silhouette cut, a self-fabric color and narrow 6-button placket. Small capped open sleeve with square bottom with side vents. Beautiful sunflower yellow, with embroidered logo.

Women's Sizes Available	PreOrder	On-Site
S, M, L, XL	\$30.00	\$33.00
XXL, XXXL	33.00	36.00

▲ **CLASSIC SWEAT SHIRT** - This will change your outlook on sweats. Premium 10 oz. 80% cotton/20% polyester sueded finish sweatshirt in **BLACK** features a **flattering** (slimming) silhouette, rib knit collar and **contrasting tan** will tape along inner neckline and cuffs. Open bottom and cuffs, both with side vents. Half-moon yoke. And embroidered with convention logo.

Women's Sizes Available	PreOrder	On-Site
S, M, L, XL	\$25.00	\$28.00
XXL, XXXL	28.00	31.00



▲ **HAT-TAIL MICROFIBER CAP with Sunglasses' tether** - Velcro adjustment ensure a secure fit. Has built-in retainer cord for sunglasses; quick drying fabric; great bluecolor with embroidered convention logo.

PreOrder	On-Site
\$15.00	\$18.00

▲ **TOTE - PORT & COMPANY®** Denier Polyester with web handles. Large main tote with small interior self fabric pocket and left side pocket. Embroidered with convention logo. Choose from 4 colors as supplies last. We will substitute an alternate color if your choice is depleted. Dimensions 14" w x 12" h x 6.5" d.

PreOrder	On-Site
\$13.00	\$15.00



Blue Red Yellow Purple



▲ **GOLD TWO-TONE EARRINGS** - Die-struck gold metal earrings in brushed and polished texture finish with stainless steel posts - 5/8"x3/4" boat logo. Really cool! Limited supply of this very special item.

PreOrder	On-Site
\$10.00	\$12.00

To register you must print out & mail in this page after viewing it on your monitor.

7 Southern California Yachting Association's
Women's Sailing
 22nd Annual Convention

Registration

PLEASE PRINT CLEARLY

Name: _____ Date: _____

Address: _____ City: _____

State: _____ Zip: _____ • E-mail: REQUIRED FOR YOUR CONFIRMATION NOTICE

Tel (H): _____ • Tel (W): _____

Yacht Club/Other Boating Affiliation: _____ Type of boat you sail: _____

Please indicate the type of sailing you like most (CHECK): [] CRUISING • [] RACING • [] DAYSAILING • [] DON'T KNOW

COMMENTS • SPECIAL NOTES

CHECK SAILING ABILITY [REQUIRED] (refer to Experience/Qualification Descriptions on page 6 of brochure):

NOVICE (0-2) • INTERMEDIATE I (3-4) • INTERMEDIATE II (5-6) • ADVANCED (7-8) • EXPERT (9-10)

FIRST CHOICE SCHEDULE

9:30 - 10:50 AM	11:00 - 12:20 PM	1:30 - 2:50 PM	3:00 - 4:20 PM
<input type="checkbox"/> WELCOME ABOARD	<input type="checkbox"/> BEYOND BANDAIDS	<input type="checkbox"/> KNOTS	<input type="checkbox"/> MANAGE MAL DE MER
<input type="checkbox"/> WINCHES	<input type="checkbox"/> 20 QUESTIONS	<input type="checkbox"/> DIESELS	<input type="checkbox"/> HEADS
<input type="checkbox"/> UP MAST	<input type="checkbox"/> NIGHT TIME SAILING		<input type="checkbox"/> CAPT KIRK OR BLIGH?
<input type="checkbox"/> SUDDENLY SINGLE	<input type="checkbox"/> WEATHER	<input type="checkbox"/> SUDDENLY SINGLE	
<input type="checkbox"/> GALLEY QUEEN	<input type="checkbox"/> PREPARE YOU 4 CRUISING	<input type="checkbox"/> TELL YOUR STORY	
<input type="checkbox"/> INTRO TO RACING	<input type="checkbox"/> BASIC RULES&TACTICS	<input type="checkbox"/> BASIC SAIL TRIM	<input type="checkbox"/> SPINNAKER RIGGING
<input type="checkbox"/> NAVIGATION 101	<input type="checkbox"/> INTRODUCTION TO SAILING		
<input type="checkbox"/> ANCHORING	<input type="checkbox"/> INTERMEDIATE SAILING		
<input type="checkbox"/> DOCKING	<input type="checkbox"/> OFFSHORE CRUISING		
<input type="checkbox"/> OVERBOARD PROCEDURES	<input type="checkbox"/> WSC / MELANIE PATTERSON RACE		

SECOND CHOICE SCHEDULE

9:30 - 10:50 AM	11:00 - 12:20 PM	1:30 - 2:50 PM	3:00 - 4:20 PM
<input type="checkbox"/> WELCOME ABOARD	<input type="checkbox"/> BEYOND BANDAIDS	<input type="checkbox"/> KNOTS	<input type="checkbox"/> MANAGE MAL DE MER
<input type="checkbox"/> WINCHES	<input type="checkbox"/> 20 QUESTIONS	<input type="checkbox"/> DIESELS	<input type="checkbox"/> HEADS
<input type="checkbox"/> UP MAST	<input type="checkbox"/> NIGHT TIME SAILING		<input type="checkbox"/> CAPT KIRK OR BLIGH?
<input type="checkbox"/> SUDDENLY SINGLE	<input type="checkbox"/> WEATHER	<input type="checkbox"/> SUDDENLY SINGLE	
<input type="checkbox"/> GALLEY QUEEN	<input type="checkbox"/> PREPARE YOU 4 CRUISING	<input type="checkbox"/> TELL YOUR STORY	
<input type="checkbox"/> INTRO TO RACING	<input type="checkbox"/> BASIC RULES&TACTICS	<input type="checkbox"/> BASIC SAIL TRIM	<input type="checkbox"/> SPINNAKER RIGGING
<input type="checkbox"/> NAVIGATION 101	<input type="checkbox"/> INTRODUCTION TO SAILING		
<input type="checkbox"/> ANCHORING	<input type="checkbox"/> INTERMEDIATE SAILING		
<input type="checkbox"/> DOCKING	<input type="checkbox"/> OFFSHORE CRUISING		
<input type="checkbox"/> OVERBOARD PROCEDURES	<input type="checkbox"/> WSC / MELANIE PATTERSON RACE		

Merchandise Order Form

ITEM	CIRCLE SIZE DESIRED!	PRICE	QUANTITY	TOTAL AMT
▲ MICROFIBER JACKET	Yellow [] Red [] Specify color			
S - M - L - XL		\$40.00		
▲ YELLOW POLO SHIRT				
S - M - L - XL - XXL - XXXL		\$30.00		
▲ CLASSIC BLACK SWEATSHIRT				
S - M - L - XL		\$25.00		
XXL - XXXL		\$28.00		
▲ BLUE HAT-TAIL® CAP		\$15.00		
▲ TOTE BAG (Check color)		\$13.00		
Blue [] Red [] Yellow [] Purple []				
▲ EARRINGS (PAIR)		\$10.00		

Your order should be received by 1/23/11 to guarantee delivery. However, we will make every effort to fill your order.

Registration Fee

- ▲ EVENT FEE \$170 (if received by 1/30/11) _____
- LATE REG FEE is \$180 (after 1/30/11) _____
- ▲ MERCHANDISE TOTAL ORDER _____
- ▲ 3-Ring 1" Binder for Handouts \$2.00 _____
- ▲ TOTAL (FEES + MERCHANDISE) _____

Make check payable to:

SCYA WOMEN'S SAILING CONVENTION
 Mail to: 23414 Mt. Ashland Ct., Murrieta, CA 92562

Mail To:

GAIL HINE - WOMEN'S SAILING CONVENTION
 23414 MT. ASHLAND CT. • MURRIETA CA 92562

Please enter ME in the SCYA Women's Sailing Convention
 YOU MUST SIGN BELOW TO VALIDATE REGISTRATION

In consideration of your acceptance of my entry, I hereby agree as follows:

1. I agree with you, with the club (Bahia Corinthian Yacht Club) hosting this event, and Southern California Yachting Association to comply with all rules and instructions governing this event.
2. I hereby release the Southern California Yachting Association, Bahia Corinthian Yacht Club, its officers, agents or committee personnel from any and all liability for any injury to myself or my yacht arising out of your conduct of the Sailing Convention or use of facilities, to the extent that such release does not discharge the insurance carrier under the provisions of the insurance policy on the yacht participating in this event.
3. I assume any risk of injury arising out of my participation in the Women's Sailing Convention, failure or breakage of the yacht sailed on or any of its equipment, or weather conditions.
4. My yacht (if used in this event) will be equipped to conform with any and all U.S.C.G. safety equipment.
5. I understand my name and address will be printed in the Program, and this Program will be made available to our sponsors.

Date: _____

Signed: _____

(Convention Participant or guest aboard or owner or borrower)

Our Sponsors and Supporters



Southern California Yachting Association
5855 Naples Plaza #211 • Long Beach, CA 90805

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